

Fathers Matter & Estes Elem. FRC present

*The Basics of
Parenting
(Morning class)*

Thursdays -
Nov. 5, 12, 19, Dec. 3
Tuesday - Nov. 24
11:30 am - 1:30 pm
Estes Elem.

Learn to:

1. Understand your child
2. How to set limits
3. Discipline techniques
4. Improve self esteem - and more

Please register to attend: 686-1059